Students

Psychotropic Drugs

School personnel are prohibited from recommending the use of psychotropic drugs for any student. School medical staff may, however, recommend that a student be evaluated by an appropriate medical practitioner. School medical staff may consult with such practitioner, with the consent of the student's parent or guardian.

A "psychotropic drug" means a behavior modifying medication used for the direct effect it exerts upon the central nervous system to modify thoughts, feelings, mental activities, mood, or performance, such as anti-manics, anti-anxiety agents, anti-psychotics, anti-depressants, stimulants, and sedative/hypnotics. Medications which are not usually described as psychotropics are covered by this definition when they are prescribed primarily for their psychotropic effects such as mood stabilization or impulse control. These medications include certain anticonvulsants, some beta-blockers, and certain other drugs.

Individuals who violate this policy will be subject to discipline, up to and including termination of employment.

Legal Reference: **Connecticut General Statutes**

10-212b Policies prohibiting the recommendation of psychotropic drugs by

school personnel. (as amended by PA 03-211)

46b-120. Definitions

10-76a Definitions. (as amended by PA 00-48)

10-76b State supervision of special education programs and services.

10-76d Duties and powers of boards of education to provide special education

programs and services. (as amended by PA 97-114 and PA 00-48)

10-76h Special education hearing and review procedure. Mediation of

disputes. (as amended by PA 00-48) State Board of Education Regulations.

34 C.F.R. 3000 Assistance to States for Education for Handicapped

Children.

American with Disabilities Act, 42 U.S.C. §12101 et seq.

Individuals with Disabilities Education Act, 20 U.S.C. §1400 et seq.

Rehabilitation Act of 1973, Section 504, 29 U.S.C. § 794.

Policy adopted: August 17, 2010 PUTNAM PUBLIC SCHOOLS

Putnam, Connecticut

Students/Personnel - Certified

Psychotropic Drugs

In order to properly implement the Board policy prohibiting school personnel from recommending the use of psychotropic drugs for any child, the following administrative regulations are hereby established:

- 1. Psychotropic drugs are defined as prescription medications for behavioral or socialemotional concerns, such as attention deficits, impulsivity, anxiety, depression and thought disorders.
- 2. Psychotropic drugs include, but are not limited to Ritalin, Adderal, Dexedrine and other stimulant medication, and anti-depressants.
- 3. All school personnel, including teachers and administrators are prohibited from any communications, both oral and written, to the parents and/or guardians of a child in which the use of psychotropic drugs is recommended.
- 4. School health or mental health personnel which includes school nurses or nurse practitioners, the District Medical Advisor, school psychologists, school social workers, and school counselors are permitted to discuss with parents and/or guardians of a child the advisability of a medical evaluation by an appropriate medical practitioner when there are behaviors or concerns that may be indicative of medication considerations.
- 5. School personnel, through the Planning and Placement Team referral process, shall communicate to the school medical staff about a child's behavior that may indicate the need for an evaluation.
- 6. The Planning and Placement Team (PPT) has the authority and responsibility to recommend a medical evaluation as part of an initial evaluation or reevaluation as needed to determine a child's eligibility for special education and related services, or educational needs for a child's individualized education program (IEP).
- 7. As required, the District may seek remedy through the due process provisions allowed under the Individuals with Disabilities Educational Act (IDEA) if a parent and/or guardian refuses consent for a reevaluation.
- 8. Appropriate medical practitioners, such as a psychiatric consultant or physician, with whom the District contracts for services to students or to whom the District makes a referral for an evaluation may recommend such medications.

Students/Personnel - Certified

Psychotropic Drug Use (continued)

- 9. School personnel may consult with the medical practitioner performing the evaluation with the informed consent of the parent or guardian of the child. The purposes of such communication include the following:
 - a. Conveying concerns or observations of a child, both prior to and following a medical evaluation;
 - b. Requesting health records and other educationally relevant medical evaluations;
 - c. Providing school records to medical practitioners upon request;
 - d. Providing information on school performance to help a medical practitioner monitor and evaluate the effectiveness of psychotropic drugs and/or other medical interventions and/or treatment;
 - e. Discussing with medical practitioners appropriate and necessary nursing or health care in schools to ensure student safety;
 - f. Disclosure of educationally relevant information by the medical practitioner to school personnel.
- 10. The Department of Children and Families (DCF) is limited by this legislation to take a child into custody solely on the refusal of a parent or guardian to administer or consent to the administration of any psychotropic drug. However, a PPT meeting may be convened if the child is eligible or may be eligible for special education or making a referral to the Department of Children and Families if there are concerns about a child's safety and possible abuse or neglect.

(cf. 5141.4 - Reporting of Child Abuse and Neglect)

Regulation approved: August 17, 2010 PUTNAM PUBLIC SCHOOLS
Putnam, Connecticut