

Putnam High School - HEALTHY LUNCH MENU ♦ June 2024 Menu Subject to Change

Monday 3	Tuesday 4	Wednesday 5	Thursday 6	Friday 7
<p><i>Two Cheese Quesadilla</i> W/ Fixings <i>Mexicana Rice</i> <i>Spicy Chicken Sandwich</i> Or <i>Corn Salad</i> Build Your Own Taco</p>	<p>“New” Macaroni & Cheese Topped with Pulled Pork Garlic Bread Or Bacon Cheeseburger <i>Roasted Broccoli</i> Build Your Own Taco</p>	<p>Spaghetti & Homemade Meatballs <i>WG Breadstick</i> Or Chicken Caesar Wrap <i>Roasted Harvest Vegetables</i> Build Your Own Taco</p>	<p>~Nachos Grande~ <i>Spanish Rice with Fixings</i> Or <i>Wild Mikes Cheese Bites</i> <i>Roasted Corn</i> Build Your Own Taco</p>	<p>~Stuffed Crust Pizza~ Assorted Toppings Or <i>Popcorn Chicken Fry Basket</i> <i>Garden Salad with Dressing</i> Build Your Own Taco</p>
<p>10 Homemade Chicken Alfredo Bake <i>Garlic Breadstick</i> Or <i>Spicy Chicken Sandwich</i> <i>Roasted Broccoli</i> Sandwich Creation Station with Soup</p>	<p>11 ~ WG Waffle Bar ~ <i>Strawberry or Blueberry, Whip Cream</i> <i>Sausage Patty</i> Or Bacon Cheeseburger <i>Hashbrown</i> Sandwich Creation Station with Soup</p>	<p>12 ~ Beef Taco Pasta ~ <i>WG Tortilla Chips</i> Or Chicken Caesar Wrap <i>Texas Bean Salad</i> Sandwich Creation Station with Soup</p>	<p>13 ~Chicken Potato Bowl~ <i>W/ Whole Wheat Dinner Roll</i> Or <i>Wild Mikes Cheese Bites</i> <i>Seasoned Corn</i> Sandwich Creation Station with Soup</p>	<p>14 ½ Day ~Big Daddy Pizza~ <i>Primo Rising Crust pizza</i> <i>Assorted Toppings</i> Or <i>Kitchen Special</i> <i>Garden Salad with Dressing</i></p>
<p>17 ½ Day ~ WG Mozzarella Sticks with Marinara Sauce~ Or Kitchen Special Roasted Broccoli</p>	<p>18 ½ Day/Last Day ~Crispy Breaded Chicken Filet Sandwich~ Or Kitchen Special <i>Crispy French Fries</i></p>		<p>Serving FREE Summer Meals Starts June 20- August 14th</p>	<p>Call 211 for more Information or Text CTmeals TO 877877 Or 860 963 6933 Ext 2025</p>
<p>PUBLIC HOUSING 123 LACONIA AVE. M-F 11-11:15 Starts 6/20-8/14</p>	<p>PUTNAM LIBRARY 200 SCHOOL STREET M-F 11:30-NOON Starts 6/20-8/14</p>	<p>Putnam Locations: PUTNAM ELEMENTARY Outside Patio M-F BREAKFAST 8-9:30 LUNCH 11:30-12:30 Starts 6/20/24</p>	<p>HALE YMCA 9 TECHNOLOGY PARK M-F 12:10-12:30 Starts 6/24-8/14</p>	 <p>with the Summer Food Program</p>

WG=Donates the use of Whole Grain Products

This Institution Is An Equal Opportunity Provider

*A meal comprises of: Meat/meat alternate, grain, fruit, vegetables and milk. Student must have 3 out of the 5 components to make a meal complete.
A variety of Fruits and Vegetables are offered daily.*

*Pre Orders: All students can pre order deli sandwiches, salads OR Spicy chicken sandwich daily.
Order forms are located in the cafeteria. Orders need to be submitted to the kitchen in the morning, prior to service time.*

Alternate meals are offered on the serving line: Peanut butter Jelly Sandwich with string cheese, Chicken Caesar Salad and breadstick, Assortment of Deli Sandwiches.

If there is something that you are looking for, please discuss with Kitchen Manager and we will do our best to accommodate your needs

*Al a Carte available: Chips, cookies, water, and juice prices range from .75-\$1.25.
Extra Entrée: \$3.00*

Reminder: All money for al a carte needs to be prepaid.

How do I prepay?

1-Money in envelope with your full name on it, place in lock box located outside the café doors in the morning.

Or

2- Put money on your account through the online payment system at: myschoolbucks.com

Did you know we offer FREE breakfast to ALL Students every day?!!

Breakfast is served 7:05am-7:21 Daily.

Grab & Go

Come Rise & Shine with a Healthy Breakfast to start your day!