



Putnam Family Resource Center News

Located in the Putnam Elementary School
Phone - 860-963-6940 ☀ www.putnam.k12.ct.us/frc

Volume 23 Issue 9 May 2024

Spotlight:



Our preschoolers have been completing artwork for the Art Show all year and invite their families, friends and the community to come and appreciate their creative talents!

THE PUTNAM FAMILY RESOURCE CENTER has joined **FACEBOOK**

We welcome you to “like” our page (Putnam Family Resource Center) to learn more about events and activities that are happening at the Putnam Family Resource Center and in the Community!



2nd Annual P.E.S.



ART SHOW

& Mural Reveal!



May 16th, 2024

5pm - 7pm

@ PES Gym



Putnam Family Resource Center News

Director – Patricia Bryant

Administrative Assistant – Jessica Duffy

Parent Educator – Shannon Haney

Phone - 860-963-6940 ☀ www.putnam.k12.ct.us/frc



Preschool Registration Is Open!

We are accepting registrations for our **2024-2025 nationally accredited Putnam Preschool Programs**.

Programs are for Putnam children who are 3 or 4 years old. There are part-day, school-day and full-day program options for families. Children do not need to be potty trained. Tuition is charged for our preschool programs on a very affordable sliding fee scale.

The registration packet is available at the Putnam Elementary School Main Office, our FRC webpage or you can contact Jessica Duffy for a packet.

Once you have completed your packet, you can drop it off at the PES Main Office or email completed packet to duffyj@putnam.k12.ct.us. Please call our office with any questions 860-963-6940.

Also needed for registration: Your child's Birth Certificate, Recent physical within 1 year and Immunization Records, Proof of Residency (i.e. mortgage or rental agreement, bill for a utility at your Putnam address) and Custody Agreements. These items can be scanned or take a picture and email them to duffyj@putnam.k12.ct.us.

PAT (Parents as Teachers) Program

- **Personal Connections:** timely information on child development, prenatal – 5.
- **Developmental Screenings:** highlights the strengths & abilities of your child & identifies delays that may affect future learning.
- **Resource & Referral Network:** resources to support families.
- **Group Connections:** parent workshops and play & learn groups.

The PAT program is FREE for Putnam families.

For more information or to register for PAT Program, please call Shannon Haney at the Putnam Family Resource Center at 860-963-6940





Putnam Family Resource Center News

Director – Patricia Bryant

Administrative Assistant – Jessica Duffy

Parent Educator – Shannon Haney

Phone - 860-963-6940 ☀ www.putnam.k12.ct.us/frc

Play & Learn Groups!

Looking for something fun and engaging to do with your child?

Come and join us for a Play & Learn Group!

Ages 0-5 years

Play and Learn Group – Mondays – PES 10-11:30

Baby & Me - Tuesdays - PES 10-11:30

Music and Movement - Wednesdays - PES 10-11:00



Fridays join for local meet ups, check FB page for up-to-date information or check out our monthly calendar in this newsletter.

This program is FREE!

Please call Shannon Haney at **Putnam FRC - 960-963-6940** or email

haneysh@putnam.k12.ct.us to sign up.

Family Fun

(Parent/Child Activity & Learning)

THE BEST

HUMMINGBIRD NECTAR RECIPE!

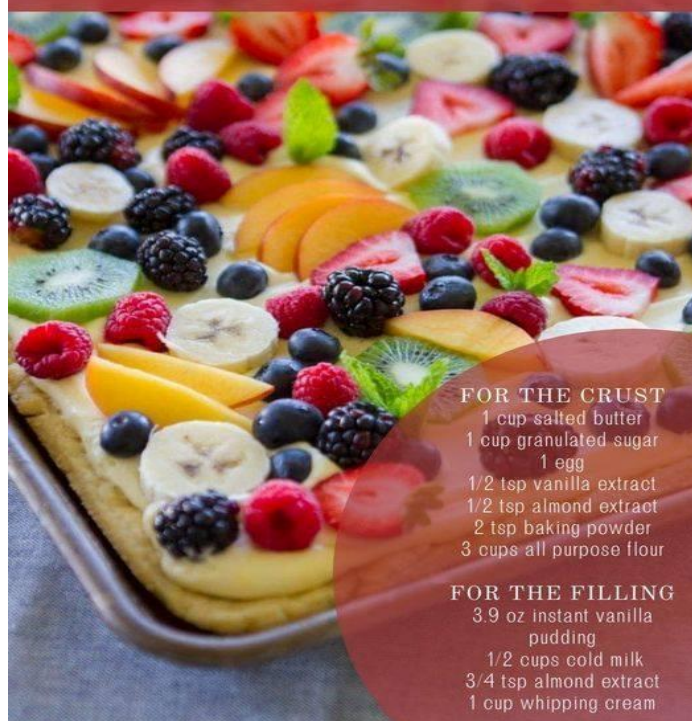
- Step 1. Bring 4 Cups of Water to a Boil
- Step 2. Add 1 Cup of White Granulated Sugar
- Step 3. Stir Well Until Sugar is Dissolved
- Step 4. Boil Mixture for 2 Minutes (Prevents Spoilage)
- Step 5. Allow to Thoroughly Cool
- Step 6. Pour Into Clean Hummingbird Feeders

Guaranteed to Attract Lots of Hummers



A Recipe for Family Fun

Fruit Pizza



FOR THE CRUST

- 1 cup salted butter
- 1 cup granulated sugar
- 1 egg
- 1/2 tsp vanilla extract
- 1/2 tsp almond extract
- 2 tsp baking powder
- 3 cups all purpose flour

FOR THE FILLING

- 3.9 oz instant vanilla pudding
- 1/2 cups cold milk
- 3/4 tsp almond extract
- 1 cup whipping cream

PES PTO News
**The next PTO Meeting will
be held on
Tuesday, May 21
at 6:00 p.m.**

voting on PTO Board positions will
occur at this meeting

**In the Putnam Elementary School
Library**

**Childcare is available for children of
parents attending the meeting.**



Events & Activities

Preschool Registration – Open NOW

Play & Learn Groups – Mondays,
Tuesdays, Wednesdays at 10:00am

PES Art Show – Thursday, May 16 from
5:00-7:00

PES PTO – Tuesday, May 21 at 6:00

Putnam Board of Education - Tuesday,
May 21 at 7:00pm

Memorial Day (no school) – Monday, May
27

PES Field Day – Friday, June 7

Last Day of School – June 18

Classroom Celebration Catering

Visit the Food services page on the district website to order a special birthday celebration snack for your child's class! They take the work out of preparing birthday classroom snacks and they meet the healthy food requirements for the school. Snacks are delivered on this special birthday cart to your child's class to celebrate their special day. All snacks are reasonably priced from .50 to \$1.00.

No outside food products are allowed in the school at this time for any classroom celebrations!



FREE CHILD FIND DEVELOPMENTAL SCREENINGS

**Appointments are available
upon request. If you are
concerned about your child's
development, please call for
more information.**

Children 3 and 4 years of age who are Putnam residents are eligible to participate in this speech & language and developmental screening.



*For more information and to
schedule an appointment, please call
the Putnam Family Resource Center
at 860-963-6940.*

Community Events and News

May 2024



Putnam Family
Resource Center

SUN	MON	TUE	WED	THU	FRI	SAT
			1 Play and Learn Group 10-11:30	2 Play and Learn Group 10-11:30	3	4
	6	7 Infant/Toddler Group 10-11	8 Play and Learn Group 10-11:30	9 Play and Learn Group 10-11:30	10	11
12	13	14 Infant/Toddler Group 10-11	15 Play and Learn Group 10-11:30	16 Play and Learn Group 10-11:30	17 Coffee Talk 10-11:30	18
19 	20	21 Infant/Toddler Group 10-11	22 Play and Learn Group 10-11:30	23 Play and Learn Group 10-11:30	24 Story, craft and a stroll at Pomfret Airline Trail 10 AM	25
26	27	28 Infant/Toddler Group 10-11	29 Play and Learn Group 10-11:30	30 Play and Learn Group 10-11:30	31	

Important Dates
5/14- Evening Tea Party
5/17 -Coffee Talk
5/24- Meet up at
Pomfret Airline Trail

**REGISTRATION IS NOW
REQUIRED!**

Please note that our dates
have changed for Play and
Learn Group days.

Any adult entering the
building for the first time,
must bring a state issued
ID to be scanned upon
entry.

Generations School-Based Health Center

(A partnership between Generations Family Health Center
and Putnam Public Schools)

**Fill out an application to use this service -
applications available in Main Offices at
all schools or by visiting**

[https://genhealth.org/programs-a-
services/school-based-health](https://genhealth.org/programs-a-services/school-based-health)

Services offered: Behavioral Health Services

**Location: Putnam Middle School - 35 Wicker
Street, Putnam**

Accepting all insurances and a sliding fee scale is available
based on family size and income. For the uninsured,
Generations will work with families to screen for insurance
eligibility and work out payment plans. No student will be
refused services based on an inability to pay.

**For Info or appointments for Elementary/Middle
School Students Call: 860-928-4698**

**For information or appointments for High
School Students Call: 860-928-2714**

Northeast Early Childhood Council Presents
\$10 SURVEY OPPORTUNITY
SURVEY FOCUS: CHILDCARE ACCESS AND AFFORDABILITY

ARE YOU THE PARENT OF A CHILD YOUNGER THAN 6 YEARS?
 DO YOU LIVE IN CONNECTICUT?

WE WANT TO HEAR FROM YOU!
YOUR FAMILIES' CURRENT WELL-BEING AND EXPERIENCES WILL HELP
INFORM THE POLICIES AND PROGRAMS TO BEST SERVE YOU AND YOUR FAMILY.

<https://tinyurl.com/rapid-necc>
Take the survey through May 24, 2024, and receive a \$10 e-Gift card

Make Your Voice Heard and Receive a \$10 e-Gift Card
Faça sua Voz Ser Ouvida e Receba um Cartão de Presente de \$10
让您的声音被听到, 并获得10美元礼品卡。
Haz que tu voz se escuche y recibe una tarjeta de regalo de \$10
Дайте Своему Голосу Звучати та Отримайте Подарункову Карту на \$10
Fé Konnen Vwa Ou ak Reyis yon Kat Kado de \$10
اجعل صوتك مسموعًا واحصل على بطاقة هدية بقيمة 10 دولارات

WWW.RAPIDSURVEYPROJECT.COM

Stanford | Center on Early Childhood | CONNECTICUT NETWORK | CT data | THE CONNECTICUT PROJECT

Community Events & News

The Putnam Family Resource Center Presents Monthly Coffee Talks



Come chat with us!
Enjoy coffee and light snacks
while your child plays.
Caregivers will have a chance
to discuss the monthly topic
in a supportive environment.

Join Us
The topic for May is:
The Sparkler App

A parent educator will be present to
facilitate the conversation. Coffee and
light snacks will be provided.

To register, contact Shannon Haney at
haney@putnam.k12.ct.us
text: 860-481-4491

May 17, 2024

10 AM
Putnam Elementary School

Please bring a state issued ID with you. All
visitors will need to scan their ID to enter
the building, the first time.



The Putnam Family Resource Center
33 Wacker Street Putnam, CT 06260
860-963-6592

NEED HELP WITH DIAPERS? GIVE US A CALL!



THE IHSP-DIAPER BANK OF NECT IS ACCEPTING
APPLICATIONS FOR FAMILIES RESIDING IN
Northeastern Connecticut

SIX CONVENIENT LOCATIONS FOR PICK UP:

- Putnam Diaper Bank [Daily Bread]
- TEEG
- Danielson United Methodist Church
- Plainfield FRC-Early Learning Ctr
- Ashford Social Services
- Killingly-Goodyear Early Learning Ctr

ONE PACKAGE OF DIAPERS AND WIPES PER MONTH FOR
EACH CHILD IN DIAPERS

TWO-PAGE APPLICATION TO SEE IF YOU QUALIFY

OFFICE: (860)928-0169 FAX: (860)963-7602

EMAIL: ihspputnam2005@gmail.com

IHSP-DIAPER BANK of NECT, 51 GROVE St., Putnam, CT 06260

www.ihspputnam.org

Interfaith Human Services of Putnam

(Serving all of Windham County except Willimantic area)
51-53 Grove St., P O Box 281, Putnam, CT 06260
www.ihspputnam.org - -
www.facebook.com/putnamdailybread

PROGRAMS-SERVICES

Daily Bread Food Pantry, Thanksgiving Baskets,
Summer Food Program/Snack Packs, Fuel Assistance
(Putnam Residents), NU2U Clothing, Pathways 2
Success, Homelessness Support/Prevention,
Diaper Bank of NECT

Please call 860-928-0169 or send an email to
ihspputnam2005@gmail.com, if you have any questions
about IFHSP services or qualifications.

**Families can qualify for IFHSP services even if they
do not qualify for state assistance!**



FOOD SHARE
FIRST THURSDAY OF THE MONTH
10:00 A.M.
PUTNAM FARMERS MARKET
PAVILION
18 KENNEDY DRIVE ~ PUTNAM
VETERANS, VETERANS SPOUSES AND
WIDOWS & GENERAL PUBLIC
FIRST COME, FIRST SERVED



Community Events & News



Fitness Fun Club

Ages 5-12

Monthly Summer fitness pop-up group!

June 3rd, July 1st & August 5

10 am - 11 am

Obstacle courses to relay races, yoga sessions, dance parties, and more!

Putnam Public Library

200 School St, Putnam, CT 06260

Register NOW at: www.NOWinMotion.org



STEM EXPLORERS

Fun hands-on activities such as coding, robotics, experiments, and so much more!

Mondays in June June 3, 10, 17, & 24

10 AM - 11 AM

Ages 5 - 12

Putnam Public Library

200 School St, Putnam, CT 06260

Register NOW at: www.NOWinMotion.org/Events



Birth to Three System Early Intervention Supports

If you are a parent or caregiver that has concerns about your child's development, the CT Birth to Three System can help you!

Anyone with concerns can contact the Connecticut Birth to Three System by visiting their website at <http://www.birth23.org> or by calling 1-800-505-7000 and making a referral.

A play-based evaluation will be completed with your family, the results will be shared, and services for eligible children will be planned with your family.

Early Intervention Matters!



Connecticut Birth to Three System

BROOKLYN PARKS & RECREATION PRESENTS...

Mad Scientist



Dates: Mondays: June 3, 10, 17 & 24, 2024

4:30 - 5:30 PM - Grades 5 - 8

5:30 - 6:30 PM - Grades 2 - 5

Location: Brooklyn Community Center

Fee: FREE!!

Join Northeast Opportunities for Wellness (NOW) for a Mad Scientist program where children can learn about various scientific experiments, reactions and activities.

Register online at brooklynct.recdesk.com

Community Events & News



Grandparents Raising Grandchildren Support Group

Children deserve every opportunity to succeed!

Join us in a judgment-free zone to share feelings, experiences, and resources.

Meetings will be held **First Wednesday**
of the month **10 AM to 11:30 AM**

Putnam Public Library, 200 School Street, Putnam, CT. 06261

October 4, 2023, November 1, 2023, December 6, 2023, January 3,
2024, February 7, 2024, March 6, 2024, April 3, 2024
May 1, 2024, June 5, 2024

Questions, contact Lori Rygielski, Senior Resources, 860-887-3561 ext. 12
or email lrygielski@SeniorresourcesEC.org



GO WILD



With Fercroft Wildlife Rescue

Sunday, May 19 from Noon to 4 p.m

Roseland Park, Woodstock CT

Suggested donation \$10. Children 12 and under are free.

Live Programs

- 12:15 Fercroft Wildlife Rescue Welcomes You to the Party
- 12:30 Meet the Fercroft Opossums: Wendi, Bob, Sherman
- 1:15 Horizon Wings -- Meet Crows and Owls
- 2:00 Paul Colburn, MWC speaks about Black Bears in CT
- 2:45 Riverside Reptiles -- Meet Lizards, Snakes, and more
- 3:30 Wrap Up and Drawings for Gift Baskets



WENDI



SHERMAN



BOB

Educational Displays from Noon to 4 p.m.

- Cherry Ledge Farm Mini Horses
- Connecticut Audubon Society
- The Last Green Valley
- Wing Hand Rehab and Education with Bats

Face Painting, Kids Crafts, Cornhole

Food Trucks

- Grace Gourmet -- 30for30 -- Main Street Gelato
and Fercroft's Possum Punch



Roseland Park 205 Roseland Park Road Woodstock, CT

You've got this!

Enroll Now For **FREE** Summer Classes!

INVEST in YOURSELF, and Your FUTURE

EASTCONN



ADULT & COMMUNITY PROGRAMS

HIGH SCHOOL COMPLETION

LEARN ENGLISH & CITIZENSHIP PREP

EMPLOYMENT & TRAINING

eastconn.org/getstartedtoday

Putnam Recreation
Murphy Park

SUMMER CAMP

Weekdays Monday July 1 - Friday August 9
No camp July 4th & 5th - Holiday
No camp August 7th - Breezy Waters Field Trip

Printed applications are also available in Rec Dept & on Rec Webpage

REGISTER online now with QR Code

Community
Events & News

Fairy & Magic Festival

Over 80 Vendors

Psychic Corner
Street Chalk Art
Live Mini Horses
& So Much More!

Main St. Putnam

10am - 2pm
May 18



SAVE THE DATE
RELAY FOR LIFE OF
NORTHEASTERN CT
SATURDAY, JUNE 1-SUNDAY,
JUNE 2
******NEW LOCATION******
ST. MARIE/GREENHALGH
SPORTS COMPLEX ~ PUTNAM

OPENING DATES FOR 2024 MARKET SEASON

Killingly Library (Danielson)
Saturday May 4th 9:00-Noon

Putnam Riverview Marketplace
Thursday May 2nd 3:30-5:30pm

Brooklyn Commons Shopping Center
Wednesday June 12th 4-6pm

Plainfield Early Childhood Center
Tuesdays June 11th 4-6pm



Town of Putnam

Bulky Waste / Scrap Metal / Appliances
Mattresses / Electronics

Disposal & Recycling Event!

When?

Saturday, May 18, 2024

What Time?

9:00 - 1:00

Where?

Putnam Armory
Off Wicker Street

Who's Invited?



What can I bring?

Furniture, Large Appliances, Plumbing
Fixtures, Mattresses, TVs, Computers,
Monitors, Printers, VCRs, Microwaves,
Old Stereos, Computer Parts, Scrap Metal,
Miscellaneous Electronics, Etc.



This Event is restricted to Putnam residents.
Please bring a driver's license or other proof of residency.
Putnam's sticker requirements still apply.

MAY PROGRAMS, CHILDREN'S
Closed May 27th 



Ages birth-3: registration required THURSDAYS,

TINA'S TINY TOTS.....5/2(LAST CLASS OF SESSION).....11:00 AM

Ages 3-5: registration required FRIDAYS,

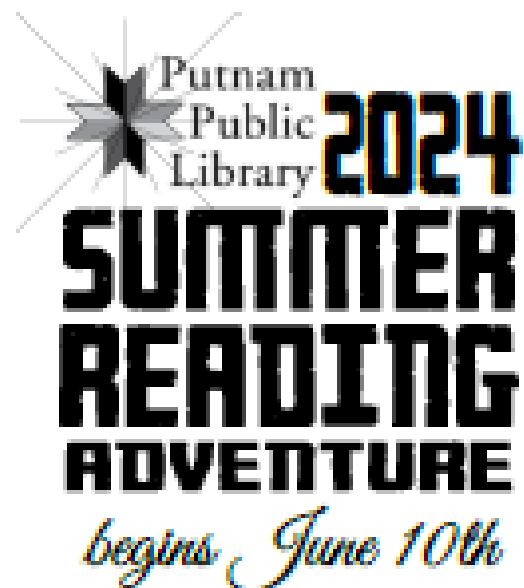
STORY TIME WITH TINA.....5/3(LAST CLASS OF SESSION).....11:00 AM

Ages 3-8: registration required MONDAY—SATURDAY IN APRIL

CRAFT TO GO PICKUP.....5/6-5/11.....BUSINESS HOURS



A Program That Is
Rewarding In
Many Ways!!



200 School Street
Putnam CT 06260
860-963-6826

PARENT/CAREGIVER CAFÉ

A parent café is a place where parents and caregivers of young children can gather to obtain support and share their stories, experiences, concerns, and insights.

For parents/caregivers with children, ages Birth-8 years

FOCUS: Social Emotional Learning (SEL)



PLEASE JOIN US!

WEDNESDAY, MAY 22, 2024

5:30 - 6:00 FREE FAMILY DINNER (OPTIONAL)

6:00 - 7:30 PARENT CAFE

ONSITE CHILDCARE DURING CAFE FOR CHILDREN

AGES 2 YRS & UP

LOCATION:

KILLINGLY CENTRAL SCHOOL, 60 SOAP ST.,

DAYVILLE, CT 06241

PARTICIPANTS MUST LIVE IN ONE OF THESE CT TOWNS:

BROOKLYN, CANTERBURY, KILLINGLY, PLAINFIELD,

PUTNAM, STERLING OR THOMPSON



TOPICS & RESOURCES

Identify:

- Stressors for families
- Strengths as caregivers
- Barriers to effective parenting
- SEL knowledge
- Personal strengths

You Will Receive:

- Resources
- SEL Activities for your child
- Advice from parent educators
- A bag with SEL focused "tools" for each family who attends



REGISTRATION ACCEPTED
THROUGH
THURSDAY, MAY 16TH
OR UNTIL FULL



SPACE IS LIMITED
REGISTRATION REQUIRED

REGISTER HERE:

[HTTPS://WWW.SURVEYMONKEY.COM/R/MAY22CAREGIVERCAFE](https://www.surveymonkey.com/r/may22caregivercafe)



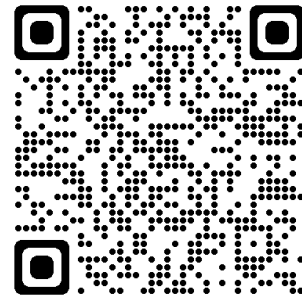
Northeast Early Childhood Council



Resources For Families In Northeast Connecticut



View or download your **FREE** copy of the **Resources for Families in Northeast Connecticut Guide!** Visit www.neccouncil.org and click the link on the homepage or scan this QR code.



The Northeast Early Childhood Council (NECC) includes the communities of Brooklyn, Canterbury, Killingly, Plainfield, Putnam, Sterling & Thompson. We work together to ensure all children, birth through age eight, in our communities are healthy, safe and successful learners.

For even more FREE resources and events, follow us on Facebook @nechildhoodcouncil



sparkler

FREE
Mobile App

for CT families with children, birth-5

Download Sparkler:

1. Visit Google Play Store, Apple App Store or Scan the QR Code with mobile device's camera.
2. When prompted, enter **Your Sparkler Access Code:**



Brooklyn: BrooklynPS

Canterbury: CanterburyES

Killingly: KillinglyPS

Plainfield: PFL

Putnam: PUT

Sterling: SterlingCSD

Thompson: MRFisher or TEEG

All Other Towns: CT

3. Choose **"Allow Notifications"**: to receive helpful reminders for screenings & play activity suggestions that are specific for your child's age

"Sparkler" Would Like to Send You Notifications
 Notifications may include alerts, sounds, and icon badges. These can be configured in Settings.

Don't Allow Allow



Play to Learn: Children learn through play, with YOU! Sparkler has over 1,000+ playful activities to help you and your child learn together.



Coaching: Get tips and advice from people at your school/program and experts in early childhood development.



Connecticut Office of Early Childhood



FREE
Mobile App

sparkler



for CT families with children, birth-5

What is the Sparkler Mobile App?



Be in the know:

Developmental & Social-Emotional Screenings:

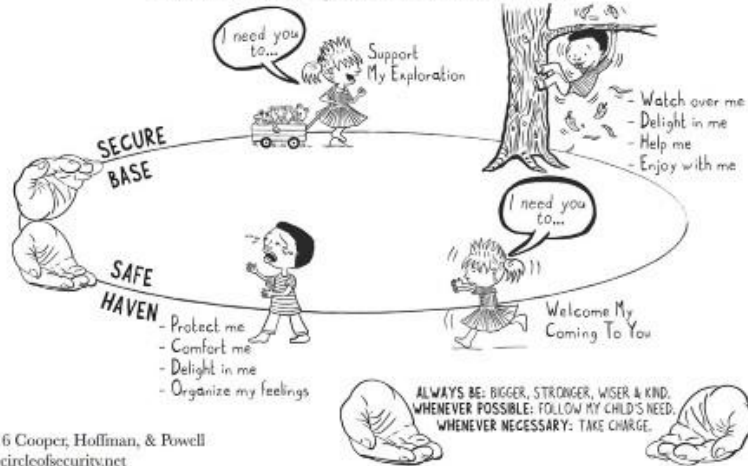
ASQ & ASQ-SE (Ages & Stages Questionnaires®). Track your child's development, from your own home, on your own mobile device. Answer a few questions on the Sparkler app, to keep track of your child's development from 2 months to 5 years.

Connect: The results of the screenings will be shared with you. If the ASQ's indicate your child may need some support, 211 or your local early childhood resource will reach out to help you.

Play and Learn: Access thousands of fun, developmentally appropriate, off-screen activities to help your child learn through play.

Circle of Security®

Parent Attending To The Child's Needs



©2016 Cooper, Hoffman, & Powell
www.circleofsecurity.net

CIRCLE OF SECURITY PARENTING EDUCATIONAL SUPPORT GROUP

**WHERE : ON ZOOM
OR OFFERED AT
THE PUTNAM LIBRARY
200 SCHOOL ST PUTNAM, CT
06260**

Circle of Security is an evidence-based parent and child program. It promotes the development of a secure attachment between a parent and child by providing tools to understand children's emotional needs.

Powered by:



Alliance For
Family Support

**6 CLASSES
PER SESSION**

Please Note:

****This is a recurring group in person or on Zoom.
Please inquire with John O'Neill at the number below for upcoming dates and/or any questions****

WHEN:

Groups offered on a rotating basis on ZOOM or In Person!

***** A \$50 Stop & Shop gift card will be given for completion of group!*****

TIME:

**Thursdays
11:00 am to 12:30pm**

Call John O'Neill with any question or to register at 860-336-7893